



# Eyre-Waves

## Regional *be active* Field Officers' Conference- Murray Bridge

The annual *be active* Field Officers' (FO's) conference was held in Murray Bridge from the 24th to the 26th of March this year.

The FO program has a presence in the following regional areas of the state- Port Augusta/Flinders Ranges, Southern Fleurieu/ Kangaroo Island, Eyre Peninsula, Limestone Coast, Mid North/Southern Flinders, Whyalla, Murraylands & Riverland.

The Conference, titled "Imagineering Country Sport" allowed the field officers to be updated on child safe environments, the regionalisation of the *be active* media campaign & initiatives from each of the regions.

Local capacity building opportunities for each of the regions were developed along with input into the Local Government Recreation Forum's Facilities Issues Directions Paper.

The Imagineering Country Sport component was facilitated by Jeff Dry, chair of the SA Physical Activity Council. The challenge was to address the changing country sport scene, stimulate & plant some seeds and create a new model & vision for country sport.

Joining the FO's were Jenni Lutze (SA Physical Activity Council), Kate Abraham (Netball SA), Bert Bargeus (SA Country Basketball), Adam Renfrey (Tennis SA), David Bradley (SANFL),



Tim Wyld (Touch SA), Craig Nulty (Swimming SA), Gary Carlson (SASI) & other ORS development & participation staff.

"Today has been an opportunity to address the issues & challenges facing the future of country sport."

-Jeff Dry, facilitator



## Regional *be active* Media Campaign

The state-wide *be active* media campaign has now been tailored to regional areas of the state.

A radio ad, with the following messages, has been broadcast in this region.

"Step it out along the foreshore section of the Parnkalla Trail."

"Fly a kite in Flinders Park with the kids."

"Explore the old north road entrance to Lincoln."

"Why not wander up to Winter's Hill lookout or along the beautiful EP beaches."

"It's easy to find time to be active on the EP."

Roadhouse and venue ambient media ads have been placed strategically around the EP.

See if you can spot one!

Take every opportunity to  
**be active.**  
in the Eyre Peninsula.



**be active.** - spend time walking the trails of the Eyre Peninsula.

To find out more, contact the Eyre Peninsula *be active* Field Officer on 8621 2336.

beactive.com.au



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### Special points of interest:

- Are Balaklava HS, Mannum Community College & Swan Reach AS part of EPSA?
- When does the next grant round of Local Sporting Champions open?
- Who is the EP AASP Coordinator?
- Who is currently designing the new EP *be active* website?

## Poochera Sports Club- Future Directions Planning

Committee members and volunteers from the Poochera Club met on Monday night the 27th of April at the Poochera clubrooms for a planning session facilitated by EP *be active* Field Officer Mark Fisher.

The aim of the meeting was to prioritise some key directions for the club to work towards.

Also in attendance was District Council of Streaky Bay CEO Des Jennings. Council is endeavouring to assist all constituent communities to establish a Future Directions Plan and inform

council of their recreation and sport requirements.

Poochera has amalgamated with Minnipa on the Football and Netball front playing as the Western Districts Tigers. Home games are shared between the 2 townships.

Challenges for future developments for the amalgamated club exist because of the location of the 2 facilities- Poochera within the District Council of Streaky Bay and Minnipa within the Wudinna District Council.



Involved discussion during the "SWOT" analysis

## City of Port Lincoln Future Directions Funding Program

Two further organisations have received funding from the City of Port Lincoln's Future Directions Funding program.

The Port Lincoln Hockey Association has received \$4000 over 3 years to expand their Centre of Excellence program by:

- \* increasing the number of accredited coaches & coaching resources.
- \* targeting 9-18 year olds.
- \* increasing the number of officials .

**"Increase the number of accredited coaches while increasing their knowledge and skills base."**

The Port Lincoln Football League received \$5000 over 3 years to conduct the Good Sports Program. In agreeing to join the Good Sports Program the PLFL & the 6 affiliated clubs will examine the culture that exists towards the service & consumption of alcohol at their club & at matches.

A Responsible Service of Alcohol training was held for the league at the Boston Football Club on Wednesday 3rd of June. This was attended by 35 people.

Individual league & club visits will be conducted on Wednesday 24th of June.

## Active After School Program- Come & Try Hockey

A free Come & Try Hockey afternoon titled "Healthy Hockey Heroes" was offered to Yr 2, 3 & 4 students from LEP schools on Thursday April 2 at the Ravensdale Hockey Complex.

Coordinated by AASC Regional Coordinator for EP, Kristen Lawler, the afternoon was part of the national initiative to celebrate great local clubs.

The PL Hockey Association in association with the Regional Healthy Weight Coordinator (Anna Angus), EPSA

Hockey students, the EP *be active* Field Officer (Mark Fisher) & Kristen arranged 3 stations for the students to rotate through in an hour.

Activities included hockey skills, "Playing for Life" games and healthy food options (including samples of fresh fruit) & *be active* promo material.

EPSA hockey students wore their club colours and club promo packs were distributed to the participants.

Participating schools included Kirton Point, Ungarra, Navigators and Port Lincoln Primary & Junior Primary.



## Snippets

### Australian Sports Commission

Local Sporting Champions. Grants of \$500/individual & \$3000 for a team are available from the ASC for sports men & women aged 12-18 to help them meet the costs of competing in state & national competitions (travel, equipment, uniforms & accommodation).

The 2008-09 round closes on 30 June & the 2009-10 round opens 1 July 2009.

Go to [www.ausport.gov.au](http://www.ausport.gov.au)



### ORS State Coaching & Officiating Centre

2009 Training Calendar July- Dec.

Some examples:

*July-* Senior First Aid (update)

Sunday 19 \$75.

*Aug-* Senior First Aid Saturday 29/

Sunday 30 \$100.

*Sept-* Sports Nutrition Guidelines to

Enhance Performance (update)

Wednesday 16 \$15.

*Oct-* Assessors Course Saturday 17/

Sunday 18 \$80.

*Nov-* Beginning Coaching Saturday 14

\$77. Presenters/Facilitators Course

Sunday 29 \$100.

To register go to:

[www.recsport.sa.gov.au/training-development/coaches-courses.html](http://www.recsport.sa.gov.au/training-development/coaches-courses.html)

### Cricket

Coach Training & Cricket Education Accredited Courses.

*Free Online Course-* Introduction to Cricket (prerequisite for Level 1).

[www.cricket.com.au/default.aspx?s=coaching](http://www.cricket.com.au/default.aspx?s=coaching)

*Level 1-* 8 hours practical \$70 Choose from Aug 9, Oct 18 or Nov 15. All at Adelaide Oval Indoor Centre.

*Level 2 Advanced Coaching-* 28 hours contact (need Level 1 for a minimum of 12 months) \$150. 20 to 23 August at Adelaide Oval.

Ben Walters, Cricket DO for Port Adelaide & LEP, will look to run a Level 1 within the EP at the beginning of next season.

## ORS Scholarship Winners 2009/10

ORS has announced the 2009/10 state-wide scholarship winners in the Wendy Ey, Coaching, Officiating & Volunteer categories.

**Wendy Ey-** aim to encourage & assist female coaches throughout SA to achieve success in their chosen sport. Meryl Davidson, Gymnastics Port Lincoln, was 1 of 9 recipients.

**Coaching-** aim to provide financial assistance for volunteer coaches allowing them to further develop their skills in their chosen sport.

Shona McKeen Basketball & Paul Polkinghorne Tennis, both from Port Lincoln, were 2 of 10 recipients.

**Association Volunteer-** aim to provide financial assistance to rec & sport associations to train their valuable volunteers in areas identified as essential to their role.

Port Lincoln Hockey Association, 1 of 4 recipients, to establish an umpire's mentoring program.

"Wendy Ey was committed to enhancing opportunities for women in recreation and sport & through these scholarships her legacy continues."

## Website

A *be active* website for the Eyre Peninsula is currently under construction by local company WebQuarters.

Funding for the project has been made possible via a grant from the Office for Recreation & Sport specifically aimed at communications initiatives. Grants were made available to all regional *be active* Field Officer programs.

A feature of the website will be the data base of sport & recreation clubs on the EP. Each club will have the ability to access & update its own section in a secure manner.

Keep a look a look out for the launch of this site and if you wish to find out more details regarding the club data base please feel free to contact EP *be active* Field Officer Mark Fisher.

our design...



**WebQuarters**  
a refreshing approach to  
creative web solutions

## Eyre Peninsula be active Network

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PO Box 1787  
Port Lincoln SA 5606

Phone: 08 8621 2336  
Fax: 08 8621 2399  
Email: sportrec@plcc.sa.gov.au

▶ Mark Fisher  
Eyre Peninsula *be active*  
Field Officer

We're on the Web!  
[www.portlincolnsport.com](http://www.portlincolnsport.com)

### What is the Eyre Peninsula *be active* Network?

"An organisation with a stake in the promotion/delivery of physical activity opportunities, collectively working toward increasing participation in active recreation and sport at a local level."

The concept is based on the growing need for improved links to be established between community based active recreation and sport providers, schools, local government and other agencies in order to bring about real improvements in the planning, promotion and delivery of sport and recreation opportunities.



Government of South Australia  
Office for Recreation and Sport

## EPSA Football/Netball- Adelaide Camp 2009 18th-20th May

The Eyre Peninsula Sports Academy's Netball and Football Camp to Adelaide featured a number of firsts for those fortunate enough to attend.

Accompanying the students were Shane Masson (Tumby Bay AS), Helen Marks (Port Lincoln HS), Marilyn Spry (Ceduna AS), Peter Clutterbuck (PLHS), Mark Blight (St Joseph's), Liam Whitwell (Balaklava HS), Nick Schmidt (Swan Reach AS), Joanne Heward (Mannum Community College) and Mark Fisher (EP *be active* Field Officer).

The Eyre Peninsula contingent met at Port Augusta with the girls all boarding the Ceduna bus travelling to meet



their Balaklava, Mannum & Swan Reach colleagues at ETSA Park to watch the Thunderbirds train. This was the first school group to be invited to a training.

The boys travelled to their accommodation at Fort Largs Police Academy, to unpack and blow away the cobwebs with a training run. This was followed by tea at the Port Club where the girls were still "glowing" after their ETSA Park experience.

Tuesday morning the boys travelled to AAMI stadium to watch a Crows ruck session followed by a training session on Alberton Oval conducted by Tony Bamford, Magpies U/18 coach. This was a privilege not even granted to his squad.

After lunch the SANFL conducted a tour of AAMI stadium which was followed by a tour of Allan Scott Headquarters at Alberton Oval.



### Training on the hallowed turf at Alberton Oval

During this tour Russell Ebert invited the students into the player's "inner sanctum" (lockers & conference/ planning rooms).

Tea was again at the Port Club where the boys were joined by the girls who had been put through their paces during the day by SASI coach Marg Angove.

Wednesday was carnival day against Henley HS where the mixed teams acquitted themselves well followed immediately by the long bus trip home.