



Eyre-Waves

Eyre Peninsula Physical Activity & Sport Seminar

The inaugural EP Physical Activity & Sport Seminar was held in Port Lincoln on Sunday 24th & Monday 25th February at the Ravendale Community Sports Centre.

Funding for the seminar was provided by ORS through the Statewide Enhancement Program as one of 3 regional seminars to be coordinated by ACHPER SA.

Sunday was aimed at clubs on the EP with key note presentations delivered by Russell Ebert, Port Adelaide FC, & Marg Angove, SASI netball coach.



43 participants, representing 19 clubs/organisations and 6 sports, took the opportunity to listen to Russell and Marg share their insights into what makes a successful club.

The day was facilitated by Danny O'Brien, Development Manager Basketball SA, who guided those present through an interactive workshop which focused on a SWOT (Strengths, Weaknesses, Threats & Opportunities) analysis & prioritising some future activities.

Monday focused on providing in-service for PE teachers with 20 attending from

EP, Whyalla, Pt Augusta, Coober Pedy & Adelaide.

A presentation on the Premier's be active Challenge was first, followed by a practical session on 5-a-side football delivered by David Martin (FFSA).

The EP's own Arden Herr (Streaky Bay AS) provided a session on basketball drills for teaching this sport to senior students.

The last session was a vigorous Flag Rugby League session delivered by Dave Cohen from Rugby League SA which blew away any cobwebs that had developed during the day.



be active Field Officers Now Stand at 9

The appointment of *be active* Field Officers to Whyalla and Fleurieu Peninsula/Kangaroo Island brings the total to 9 FO's who are servicing their region in rural SA.

The other regions include South East, Murraylands, Riverland, Mid North, Port Augusta, Eyre Peninsula & Outback.

The program, initiated by the Office for Recreation & Sport, is a partnership between ORS, local councils, health services & community organisations.

Each FO's role is to work closely with local sport & active recreation clubs, physical activity providers, local councils, health ser-

vices and schools throughout their region to:

1. Increase community participation in sport, active recreation & physical activity programs.
2. Improve the quality of sport, active recreation & physical activity opportunities.

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Special points of interest:

- Can you become a "Good Sport?"
- Who is Dave Cohen?
- STOP PRESS

Congratulations to the Port Lincoln Yacht Club on winning an Inclusive Recreation Inclusive Sport (IRIS) grant from ORS. The \$35 000 (equal highest grant in SA) will assist with providing a disabled lift for the club.

Eastern Eyre- Good Sports

Good Sports is a national initiative of the Australian Drug Foundation that has been developed to help sporting clubs enhance their important role in the community. It is the first nationwide accreditation program of its kind.

This program helps local sporting clubs manage alcohol & create a culture in their club that is attractive to families & young people.

Eastern Eyre has been working with a number of clubs throughout the region to progress through the accreditation process. We congratulate the following clubs for their involvement in this valu-

able program. The Kimba Golf Club, Kimba Districts Football & Netball Club, Rudall Community Sports Club, Ports Football & Netball Club, Cleve Sporting Bodies & the most recent clubs to join with the program, the Cowell Golf Club & Cowell Bowling Club.

Clubs that are involved in good sports indicate to their community that their organisation promotes a responsible attitude towards alcohol &



GOOD SPORTS
Create a culture in your club.

that they are providing a safe environment for their players, members & supporters.

Sporting clubs across Eyre Peninsula interested in more information about the Good Sports program should contact:

- * Simon Duke at Lower Eyre Health Service on 86762287.
- * Jacqui Clark at Mid West Health Service on 86261310.
- * Jenny Williams at Eastern

Eyre Health & Aged Care on 86282460.

Article supplied by Jenny Williams

ORS Club Development Conference 2008

2008

Club Development Conference

Sunday 13th April 2008

9.00am to 5.00pm

AAMI Stadium Convention Centre
Turner Drive, West Lakes SA

The 2008 Club Development Conference is an education, training and networking opportunity aimed specifically at sport and recreation club level volunteer administrators. Designed as a streamlined interactive forum, your club's know-how will be expanded through informative case studies, hands-on workshops and great information from program and service deliverers in this industry.

Registration is FREE for Club Development Network members, Club Development Network membership is free. To become a member FREECALL 1300 130 121 or go to www.ausport.gov.au/supporting/clubs

Seats are limited, so registrations are essential.

Clubs that send two delegates can take in both streams of the conference.

For more information phone 8416 6707

on
top
of
your
game

be active.

ORS Scholarships

Following the success of the scholarship program in 2007/8, ORS are offering Coaching & Officiating Scholarships for 2008/9.

Up to 10 coaching & 10 officiating scholarships will be available & these scholarships aim to provide financial assistance for volunteer coaches & officials, allowing them to further develop their skills in their chosen area.

To be eligible coaches & officials must:
* Demonstrate a commitment to coaching (have completed an Essentials for

Coaching Children/Orientation to Coaching course) or

- * Demonstrate experience in officiating & have officiated a minimum of 1 full season
- * Have the entry form signed by their state sporting association
- * Be bound by the officiating/coaching Code of Ethics
- * Be a permanent resident of SA

Registration closes on Friday 14th March 2008 at 5pm. For further information contact Mark Fisher.



Dave Cohen, ARL Foundation DO with Rugby League SA, coaching teachers at the recent EP Physical Activity & Sport Seminar held in Port Lincoln

Port Adelaide Support EPSA

Approximately 80 Yr 10,11,12 students from across the region, enrolled in EPSA, were treated to a rare experience at the EPSA workshop in Port Lincoln on Wednesday 6th February.

Their morning practical session was taken by Russell Ebert, Peter Burgoyne, Toby Thurstans, Jonathon Giles & Justin Westhoff from the Port Adelaide Football Club.

The Power were based in

Whyalla for 3 days for their Community Camp and to make the session at Ravensdale required the chartering of a small plane.



The students "all ears" listening to Russell Ebert

The coaches put the students through a series of warm up drills and stretches before moving onto a series of skill based exercises.

During this period Russell highlighted the need for

the students to continually hone their skills.

Supporting the football component of the workshop was SANFL Regional Development Co-ordinator, Andrew Taheny.

Students trying to impress during warm ups



Russell & the players also spoke to the entire Academy during lunch in a question & answer format.

ORS- New Executive Director

Recreation & Sport Minister Michael Wright has announced the appointment of Mr. Paul Anderson as the new Executive Director of the Office for Recreation & Sport.

Mr Anderson has spent the past 5 years as the General Manager of marketing at the South Australian National Football League.

He previously worked as a business consultant with Deloitte, spent 6 years as General Manager of 2 of South Australia's leading management consultancy organisations, & is a qualified physical education & economics

teacher.

"Physical activity is a core pillar of basic fitness & it is my intention to ensure SA leads Australia in this vital area. I am excited by the partnership opportunities we will drive with other government agencies, sporting associations, local & federal government & the private business sector. These types of partnerships have been the focus of my roles in sport (SANFL) & business & I am confident that we can build new associations that will increase participation in recreation & sport across all ages in the community."

"I am very much looking forward to working with Paul Anderson in further developing and implementing the Government's recreation & sport policy."

**Hon Michael Wright,
Minister for Recreation
& Sport**

ORS Grants- Community Facilities

The 2007-2008 round of the Community Recreation & Sport Facilities Program has been finalised.

Congratulations to following organisations from this region for their successful applications:

1. Marble Range Community & Sports Centre Inc (\$32 000)- Marble Range Tennis Court Replacement Project. Levelling & resurfacing of 4 existing as-

phalt tennis courts to bring them to an acceptable & safe standard for tennis, netball & basketball.

2. Streaky Bay Tennis Club Inc (\$120 000)- Streaky Bay Oval Court Complex Project. Relocation of deteriorated tennis courts to oval complex, incorporating basketball & netball to create a multi purpose facility.



Facility upgrades dominate the minds of most sporting administrators.

Eyre Peninsula be active Network

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▶ Mark Fisher
Eyre Peninsula *be active*
Field Officer

We're on the Web!
www.portlinconsport.com

What is the Eyre Peninsula *be active* Network?

"An organisation with a stake in the promotion/delivery of physical activity opportunities, collectively working toward increasing participation in active recreation and sport at a local level."

The concept is based on the growing need for improved links to be established between community based active recreation and sport providers, schools, local government and other agencies in order to bring about real improvements in the planning, promotion and delivery of sport and recreation opportunities.



Government of South Australia
Office for Recreation and Sport

Eyre Peninsula Sports Academy

The 2008 intake of the Eyre Peninsula Sports Academy met for a workshop at the Ravensdale Community Sports Centre in Port Lincoln on Wednesday 6th of February.

Welcomed by Peter Tokarski from Port Lincoln HS, the day began with an overview of the program. Special guests Russell Ebert, Peter Burgoyne, Toby Thurstans, Jonathon Giles & Justin Westhoff from the Port Adelaide FC arrived via charter plane from their community camp in Whyalla. The support given to EPSA was overwhelming as evidenced by the logistics of bringing Russell and the players to the day and greatly appreciated by both students & staff.

Students then broke into their individual sports for practical sessions. Approximately 80 footballers, under

the guidance of Todd George (PLHS) & Shane Masson (TBAS), "lapped up" the drills & tips offered by Russell & the players.

The 13 hockey students from PLHS & St Josephs joined coordinator of the program, Susan Doyle PLHS, for skill development on the water based pitch.

Steve Ovens PLHS put the 6 cricketers through their paces across the road at the Wayback cricket nets. This included a batting challenge against the bowling machine "fed" by Steve.

At the PL Netball Association courts netball program coordinator Helen Marks PLHS, with the assistance of Eyre Regional Academy coordinator Toni Shannon, put the girls through their paces.



Some of the 160 students hearing from Peter Tokarski, EPSA Administrator.

Regional basketball identity, Arden Herr Streaky Bay AS, made use of the PLHS gym for his students.

The day proved most successful and rewarding for the 160 (approx) who attended. The students from Ceduna AS, who travelled down by bus the day before & slept on the PLHS gym floor, took the opportunity to see the sights of Lincoln as part of a 2 day excursion.